



**Office of
Mental Health**

Elements of Clinic Investment Plan

September 12, 2023

MHOTRS Provider Grants

- Start up grants will be available to select new providers looking to deliver MHOTRS.
- Additional grants will be also be available to established providers looking to expand services into unreached and/or underserved populations.
- Targeted grants for providers in rural settings are under development.

Quality Incentive Enhancement

- OMH is looking to increase the Quality Incentive (QI) enhancement available to MHOTRS providers.
 - OMH is proposing an increase of nearly 2%, bringing the total QI enhancement to 5.7%.
 - OMH is proposing to establish equivalent enhancements to hospital-based providers for participation in the QI program.
 - Future projects to facilitate best practices include improving patient outcomes, strategies for increased access to mental health services through expansion of school-based satellites, incentivizing group therapy, and other initiatives.

MHOTRS Group Services

- Additionally, to further promote group services OMH is proposing an increase to the group weight by 50%.
- Previously only School Based group services were eligible to bill for services that did not meet the 60-minute time threshold. Effective 11/23/2022, all programs were allowed to bill for group sessions that only lasted 40 minutes. The U5 modifier reduces payment by 30% and required when billing the reduced time threshold.

Crisis Services in Pre-admission

- Currently during pre-admission, OMH only allows for Crisis Intervention-brief, up to 6 units (1.5 hours).
- OMH is proposing expanding access to both Crisis Intervention-Complex and Crisis Intervention-Per Diem while an individual is in pre-admission status.

Complex Care Management

- OMH is proposing to invest in Complex Care Management in multiple ways.
 - Increase allowable Complex Care units per claim, the current unit limit is four 5-minute units.
 - Allow paraprofessionals to provide the service.
 - Increase the scope of what can be considered Complex Care Management.
- OMH anticipates these changes will lead to increased billing volume by providers.

EBP and Specialty Services

- Introduction of new evidence-based practices, including Dialectical Behavior Therapy (DBT).
- Expansion of Neuropsychological services.

Other MHOTRS Rate Changes

- 4% SFY24 Human Services COLA eff. 4/1/23
- 5.4% SFY23 Human Services COLA eff. 4/1/22
- 5% ARPA enhancement effective 2/1/22
- 11.5% Workforce Recruitment and Retention enchantment (effective 2/1/22 through 9/30/22)