

Have questions about substance use or mental health insurance?



**ALWAYS FREE.
ALWAYS CONFIDENTIAL.**

- **Learn your insurance rights**
- **Fight denials and file appeals**
- **Report violations**
- **Get the most from your plan**

☎ 888-614-5400 • ✉ ombuds@oasas.ny.gov

Mon - Wed 9-7, Thurs - Fri 9-4

www.champny.org



Community Health
Access to Addiction &
Mental Healthcare Project

Office of
Mental
Health

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